



Social and psychological status of women suffering breast cancer in southern Punjab, Pakistan.

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ABSTRACT

The low level of awareness, social & financial problems as well as poor screening uptake have been linked to the high prevalence of breast cancer in our environment. To determine the social, financial, medical, sexual and psychological problems faced by females having breast cancer in southern Punjab, Pakistan. This study was organized on breast cancer patient in southern Punjab and patients of Minar hospital to Check the socio and psychological impact of breast removing women. Sample size was 120 patients of Minar hospital Multan. The data will examine numerically such as averages, percentages and irritated tabulations will apply to current data. Maximum female patients belong to rural area of Southern Punjab. These female come to Minar hospital Multan for the purpose of treatment. The 68.3% female patients consulted to the medical doctor of breast cancer. But then also maximum female's patient has health care barriers due to the shortage of money and women faced a lot problem like cultural barriers. Maximum females respond that the treatment of their disease create a huge problems in the world and leaves a huge burden on family members. A lower class people cannot afford a huge amount for the treatment of the disease of breast cancer. The 52.5% females faced a difficulty about sexual attractiveness of highest level. The 64.2% females feel less feminine after breast surgery. After the surgery maximum female's patients are worry about their husband because their husband not give attention of them after the surgery. The 88.3% female's patients are completely hopeful about their future life. The 52.5% females faced a huge about sexual interest or activity. The 88.3% females feel un survive after the operate. The 90.8% females feel comfortable different after the surgery than before the surgery. The 56.7% females are worry about their sexual attractiveness.

Key words: breast cancer, social status, southern Punjab

Introduction

Cancer is uncontrolled division of cells in body. On the basis of growth and cell division cancer is consider as diverse disease. There are two classes of cancer known as benign tumor and malignant tumor. Former is less dangerous and acute form of tumor later is more severe and dangerous type. In the worldwide mammary gland is the usual enveloping cancer in females. Breast cancer is the most common ever-surrounding cancer in females in the world. This include of 16% of every women cure disease and 22.9% of enveloping cancers in women. In US every 3rd person is carrier of cancer. Globally, rate of breast cancer increased up to 641000 in 1980. After 30 years, rate was 1643000. So rate was increased 25% percent from 1980 to 2010 (Forouzanfar et al., 2011). Women suffer from many reproductive diseases but cervical cancer is less common as compare to breast cancer. In 1980, death rate due to breast cancer is 454.000 individuals. It increases 1.8% per year (Oztune & Pinar et al. (2013).). Breast cancer risk can be lower by controlling the weight gain, by doing regular exercise, lowering stress and less use of alcoholic products. The social disgrace about breast cancer may have banned the before time classification of the disease. Most vital elements are economic and social position traditional and social inequality with deficiency is the main components.

Signs of breast cancer

- Swelling in the bosom.
- Soreness in the under arm or bosom, do not appear to be connected to the female's menopause.
- Redness or pitting on the body of the bosom is for example the colored
- Skin itching surround one of the nipples
- swelling in one of the under arms
- Body area of thickened inner cells in a bosom.
- One of the breast nipple has release that from time to time it can be include blood.
- The dug of breast shape change to look that can grow hollow or else reverse.
- The former else the mass of the bosom alters
- The dug to the dermis or bosom of dermis can has beginner to trim, chip or scale.

This impact effects on their bodily and psychological health, spiritual, and relative's problems. Like many other societies of the world, Pakistan has role in patriarchal system. Male are dominant roles. Females are totally depending on male. Commonly in most of the cases female starts treatment by consulting spiritual persons and Hakeem's. In south Punjab women have no awareness about breast cancer. They have not access to the doctor. Commonly they cannot afford expenditure of treatment of breast cancer. Illiterate people depend on female's income and cannot tell about this disease to their family members due to their shyness. Rich families can afford breast cancer treatment and have access to the doctor. In southern Punjab due to leadership of an uneducated person or lack of guidance the disease is increasing tremendously. Female cannot get proper medical treatment due to their financial problems. Female cancer doctors are awfully rare because women have social hurdles and traditional interferences in southern Punjab. Female patients avoid exposing their body to the male doctors and they cannot explain their disease to the doctor because they feel hesitate. Especially unmarried female cannot tell about her disease. An old female suffers breast cancer that she does not care of her health because she thoughts of dying soon due to her disease. Breast cancer treatment is very painful, especially chemotherapy radio therapy, and removal of the body part. Female have social cultural, economic and traditional barriers due to the reason inform about that female cannot tell disease easily especially breast cancer. The tumor can be malignant or benign. Benign tumor is small, which cannot grow longer and remains fixed at the same place in the body. Benign does not harm to the human and benign is the early stage and does not eventually cause death. Malignant is longer term disease and may be large in size and can spread to any place in the body. In the last stage of malignant, death of patient occurs. Ducal cancer occurs in milk duct which carry milk by nipple or lobular cancer which occurs in mammary gland other type of breast cancer constitute sarcoma which is considered as lump, and these are normal growth which do not spread out of breast.

It is reported that educational and supportive interventions resulted in improving patients' Quality of life and their knowledge about the disease, and it reduced their fatigue, depression, and perceived stress (Wong K & Chuklan, 2008). Breast cancer found in Pakistani females and care delivery system are the most usual system in Pakistan. Female needs teaching perceived undergoing chemotherapy in Pakistan differ as compared to the teaching needs of women in the West. In perception of the cultural and social behavior, the main difference between the both women in the societies. Pakistani women are identified with breast cancer at a very much young age when they are in their reproductive age. In the Pakistani matriarchal society that where most women are responsible for taking care of their complete families and raising children from a young age, this responsibility becomes particularly difficult for them if they are also dealing with breast cancer. Hence, because of their young age and the prolonged treatment, women become psychologically weak and need more emotional support. Many Pakistani females are uneducated which literature also highlights. Females have imperfect health awareness about caring for their breasts and performing regular breast self-examination. Moreover, there is a usual tendency in Pakistani women to secrete their breast lumps from their husbands or other close family members. As well as like African, American, and Persian Muslim women, Pakistani Muslim women depend on religious rituals and prayers to find strength, in order to deal with their disease and to get cured (Banning et al., 2009). Their belief in act religious rituals recommend that these practices can be developed. While with view to the health care delivery system in Pakistan, with the exception of a some private hospitals, most public hospitals do not suggest separate units to treat cancer patients. They are treated with other patients in the medical surgical units. Generally, the role of nurses is incomplete to the hospital's in-patient areas. The education of patient is incomplete to providing medication counseling and informing the patients about their follow-up visits. The nurses are not specially trained in Oncology (Banning and Tanzeen,2014). Therefore, many times, patients' care is incomplete to addressing their physical needs; their psycho-social needs are unnoticed. In count patient family support groups are also not available in Pakistan.

Younger females have low value of life after cancer contrasted to older women with breast experience. Patients have impact of surgery and remove of breast cancer further harmful feelings body image for particularly young females. During cancer treatment, many younger women have experience to stop menopausal system with signs of hot flashes decrease intercourse wish and vaginal dryness. Both partners have psychological disturbance anxiety depression experience. In worlds of psychosocial interference of breast cancer get perception of most frequently employed interference treat women without her partner.

Objectives

- To main object of this study the cooperation to the female breast cancer by their family
- To understand the socio psychological stress of breast cancer patients
- To check the mentality of south Punjab people about female who are suffering in cancer
- To assess the status of female in south Punjab
- To check the average of breast cancer disease in married and unmarried females.
- To assess the behavior of people about breast cancer survival.
- To check the socio and psychological impact women suffering of breast cancer

RESEARCH METHODOLOGY

This study was organized in the Cancer analyzing unit of Minar hospital Multan. People in the approved examine can focus all of the females connecting selected different areas which were admitted in Minar. The aim of population for the present study was organized on breast cancer patient in southern Punjab and patients of Minar. Check the socio and psychological impact of breast remove women. Sample size was 120 patients of Minar hospital Multan. Which patients were lived in whole southern Punjab? Socio psychological impact women suffering breast cancer.

Sampling Techniques

Two types of techniques and tools are used in present research. Researcher selects the questionnaire that basis thirty questions related to various effects of socio psychological on breast cancer impact of women in the first step. In the first step the researcher selects a questionnaire that basis of 33 questions related to different effects of socio psychological of breast cancer women than researcher choose the 120 patients rural and urban women and all types and all age of women. Choose all the breast cancer from the all southern Punjab and Minar hospital Multan. Researcher main focused in Minar hospital Multan

Tools of Data Collection

Step two has been helped to describe information assortment after considerate the test investigatory process. Collect the information for the assessment it could be tool in the specialist. Suitable research method data collection all over self-administrated planed feedback form. Questionnaire was filled by respondent during face to face interviews and meeting as a research tool. Questionnaire was formulated on the basis of information drawn from the review of the related literature and knowledge of the point out designed for the idea used in theory.

Techniques

Semi planned technique are used for accumulating correct information form respondents. It will difficult up to grade most excellent to acquire the accurate information but investigator cannot say the collect information were 120% exact however it may be confirmed to this was dependable to describe consequences up to an admitted rank.

Information Analysis

The data will examine numerically such as averages, percentages and irritated tabulations will apply to current data.

Hypothesis

The Minar patients faced various socio psychological issues during their treatment.

- Mostly patients cannot afford treatment of cancer.
- Mostly patients have no good survival about this disease.
- Mostly female patients have no more awareness about their disease.

Pre-testing

During the data collection to check the suitable question by the pre testing. 20 different respondent belong to different area fill the questionnaire the time period of pretest after this pretest the problem of socio and psychological irrelevant are re type and some were included.

Data Collection Techniques

Data was unruffled for the time of August 2015. One medical assistant of research back ground was engaged and skilled apply in research tool earlier to perform of information compilation.

Data Analysis After collecting data were described by statistical analysis through SPSS. Table was used to current findings and assessing the quality of breast cancer patients. Table was used to current finding socio psychological impact women suffering breast cancer in southern Punjab. Psycho analytical theory was applied in this research.

Variables

Independent Variables

Self-determining variables subsist were schooling level grow old and service position, marital status and husband schooling level and service rank married position and their capacity of life and associate to standard awareness of disease.

Dependent Variables

Dependent variables consider socio psychological impact women suffering breast cancer in southern Punjab case study breast remove patients.

Research Instruments

Planned and partially planned questionnaires delineate to permit group of information on regularity to standard user view and pursue providers received difficulties to quality provided were used in data collection to group complementary information on the study.

Validity and Reliability

The content and build reliability of research which is contain on the sufficiency to which the statements. Questions and point out of the study tool measures the allocate of the research was criticism by topic the tools to condemnation from specialists in the department of Gender study. The objects were review and better according to guidance and advice complete.

Pilot Survey

Prior study information was arranged in few special hospitals of southern Punjab specially Minar hospital Multan early to the start to the survey to pretest the questionnaire and test their reliability also credibility.

Moral and Logistical Consideration

The data was collecting by the patients of breast cancer from Minar. During collecting data, the researcher has to face different problems. Firstly, English language is barriers for both researcher and respondents because English is not their mother language. Secondly most of the respondents were feeling insecurity to provide their information. That's why researcher ensured them to keep their information in secret.

Results

Table No.1: To whom you consulted about the treatment when you first felt about the disease?

	Frequency	Percent
Spiritual personal	14	11.7
Hakeem	18	15.0
Homeopathic Doctor	6	5.0
Medical Doctor	82	68.3
Total	120	100.0

In the above mentioned table, females suffer breast cancer and the members of their families are worried about this disease. This disease is very dangerous for life and chances to live for a very long period are impossible. 11.7% females suffer from this disease and threats of breast cancer for lives increasing day by day due to the rapid increase of this disease. In this table the second percentage shows that 15% women suffer from this disease and worried about their children and their husband. But the rate of this disease increasing from top to bottom in that table such as 5.0% to 68.3% and from 68.3% to 100%.

Table No. 2: Any member of your parental family has such disease

Option	Frequency	Percent
Yes	15	12.5
No	105	87.5
Total	120	100.0

In the second table 12.5% people gave response that their parental family has such disease. 87.5% people gave answer 87.5 that their parental family has such disease. Infact some people of their parental family suffer have such disease.

Table No. 3: How did you afford all the treatment of your disease?

	Frequency	Percent
Family	82	68.3
Donor	24	20.0
hospital	5	4.2
Others	9	7.5

In the above mentioned table percentage of breast cancer disease increases very rapidly in the world. 68.3% female suffered from breast cancer. But the rate of breast cancer lower in urban areas. In urban area, rate of breast cancer decreases directly from 68.3% to 20.0%. And 20.0% female get the help through treatment from any donor. Just only 4.2% hospital affords breast cancer treatment. In developing countries, the economic conditions of people living in this country are at bottom. In southern Punjab mostly people worked in agricultural field and people cannot afford the treatment so that these people totally depended on miracle of Allah.

Table No. 4: What is the per month approximate cost your family is spending on your treatment detail

	Frequency	Percent
Medicine	21	17.5
Test	10	8.3
Chemotherapy	51	42.5
Other	38	31.7
Total	120	100.0

In the above mentioned table, the data shows that a large amount of money spends on the treatment of breast cancer. Because Rich people has a big source of income and the economic conditions of rich people are very stronger than lower class people.17.5% people take medicine after proper checkup and 42.5% people select the suitable methods such as Chemotherapy of treatment of breast cancer. Chemotherapy is such a method that destroys the cancerous cells in a body.31.7% other people that take medicine after proper treatment or use the of chemotherapy method.

Table No. 5: How did you experience the waiting period between diagnosis, surgery and radiation therapy

	Frequency	Percent
Hopeless	16	13.3
Worried	27	22.5
looking for miracle from Allah	37	30.8
Horrible	7	5.8
Other	33	27.5
Total	120	100.0

In the above mentioned table, Radiotherapy is one of the best methods to remove the breast cancer. In this method, a large number of normal cells in our body are destroyed by this method. Female feel shame about the method of this treat and therefore does not interest in this method and interest only in conventional methods like Hakeem or physician. In this table, we explain that percentage of hopeless people are 13.3% and these people are totally hopeless of their lives. In this table, the second percentage of breast cancer is 22.5% and breast cancer patients are worried from this disease. In this table, third percentage of breast cancer is 30.8% and the patients totally depend upon the principles and desires of Allah. In the above data, fifth percentage 5.8% shows that the people are very terrible about this disease. But the percentage of breast cancer is 27.5% in other people.

Table No. 6: How has the diagnosis changed the way in which you perceived your body?

	Frequency	Percent
Painful	70	58.3
Imperfect	39	32.5
Normal part of life	6	5.0
Perfect	5	4.2
Total	120	100.0

In the above mentioned table, this it seen that patient is respond that they are very pain full time period when perceive abnormal part of the body. In fact, females are very sensitive. Especially breast cancer female patient cannot bear less feminine. When female has diagnosed the breast cancer disease so that female is less confident, and maximum female are considering so that time they are not beautiful. Infect when doctor tell the patient that suffer in that cure disease so that time patients are hope less of their life some extent. Patients are fear about that disease. Especially female patients are feel more pain than male. Maximum females patients are respond very pain full perceive the body after surgery and diagnosed disease.58.3% female are respond during diagnosed disease that this time is very pain full perceive the body.32.5% females patient are response when diagnosis disease and perceive the body that this time female are feel bad that they are understand themselves imperfect and imperfect body.5.0% patients are response that they are live normal part of life in which include maximum aged females.4.2% females are respond they are live normal life which live in before in which divorce and widow females.

Table NO.7: How do breast cancer diagnosis and breast removal shape perceptions of femininity and women hood?

Option	Frequency	Percent
Bad	10	8.3
Worse	4	3.3
Worst	24	20.0
Hopeless	23	19.2
Lost female hood	59	49.2
Total	120	100.0

In the above mentioned in table, it seen that patient is respond when they are breast cancer diagnose and breast removal perceptions of feminist and woman hood breast cancer female patient cannot bear less feminine. When female has diagnosed the breast cancer disease so that female is less confident. And maximum female is considering so that time they are not beautiful. Infect when doctor tell the patient that suffer in that cure disease so that time patients are hope less of their life some extent. Patients are fear about that disease. Especially female patients feel more pain than male. Maximum female's patients are respond very pain full perceive the body after surgery and diagnosed disease.8.3% females diagnosed breast cancer and remove breast shape so that 8.3% females are feel very bad experience of the females remove breast and change breast shape.3.3% are given answer when remove breast after surgery that they have very worse experience.20.0% patients are given response after the operation that they have worst experience. Female cannot bear this experience.19.2 % patients are very hopeless after surgery. They have lot of reason of hopeless especially future life.49.2% female are feel less women hood. Females are fear of the future life because they are not beautiful and complete women

Table No. 8: How did the diagnosis make you feel about you self?

Option	Frequency	Percent
I am useless	12	10.0
I am helpless	29	24.2
I am not beautiful	13	10.8
I am not complete women?	66	55.0
Total	120	100.0

In the above mentioned table females aware about their disease. Patients feel tired un comfortable. Obviously when any person informed that suffered very curable disease. In this situation patient is fear of their life. When if one women is complete and beautiful women but when inform that suffered cure disease or so cancer disease. So female is think that their life is critical. Especially after surgery female feel that they are un complete and bad. Female do not survive in the society easily. In some situation during this disease and after surgery female are help-less because at this time they are totally depended on family member. Especially which married female are feel that they are useless. Possible their men leave them.10.0 % females breast cancer patient and breast remove patients that they are useless.24.2% female are respond that they are after the surgery that feel they are helpless.10.8% patients are response after the operation that they are feel not beautiful but they are feel ugly. Maximum female give response that they are complete women that time.55.0% Female response that after surgery that they are feel un complete women.

Table No. 9: How has fighting breast cancer impacted on your experience of being as women?

Option	Frequency	Percent
Depressive	64	53.3
Normal	34	28.3
Painful	12	10.0
Tiring	10	8.3
Total	120	100.0

In the above mentioned in the table that females have fighting of breast cancer. Females are fragile submissive weak and depend on men. Females are subordinate in all sectors. Male are belonging to patriarchal society. In fact, Pakistan is society is patriarchal society. In the southern Punjab male are in depend and female are totally depended on men. Any disease is also bad impact of the people.

Obviously Breast cancer is very curable disease that in which disease female are depress and disturb. Female cannot fight with breast cancer easily because breast is sign of femininity. When female remove breast so after remove breast female are not complete women. Breast patients are response that they awaiting very risky and horrible experience.53.3 female are response they are depressive 28.3 female response that they are feel normal not specific impact of their life fighting of the breast cancer.10.0% female response that they are fight with breast cancer this time period is very painful. Patients feel pain during fighting with breast cancer.8.3 % female is response that they are tired of their life. Because breast cancer treatment procedure is very long than other disease. Mostly females are tire of their life with due this disease. Females are response that they have very worst experience. Infect breast cancer disease is very dangerous disease. People have concept about cancer disease when any female suffer in this disease that they cannot live more time.

Table NO.10: Can you tell me a bit about your experiences in terms of telling friends and family about diagnosis?

Option	Frequency	Percent
Tiring experience	18	15.0
Painful experience	59	49.2
Worst experience	23	19.2
it was harmful	20	16.7
Total	120	100.0

In the above mentioned in table 15.0% females give response that they have experience in terms of telling friends and family about diagnosis.49.2% patients give response that they have painful experience.19.2% females have worst experience when tell their family and friends about diagnose of their disease.16.7% female patients tell them that they have harmful experience and that it was harmful. Females are submissive and weak and fragile and totally depended on male. In southern Punjab female have no awareness about breast cancer disease especially in rural area.

Table NO.11: How did their reactions impact on you're feeling about your disease

Option	Frequency	Percent
Worry	12	10.0
Normal	45	37.5
Abnormal	32	26.7
Hopeless	31	25.8
Total	120	100.0

In the above mentioned in the table. It seen that they are impact of reaction about their disease and feeling about their disease.10.0% female's response that they have unlimited impact on themselves. When female inform that they are suffered in breast cancer so this time that they are worried and feel that they have end of life. They are very worry and disturb and hopeless. But 37.5% female are response that they have no specific reaction and impact on their feeling about their disease. These patients tell that they have no impact of their life.26.7% patient's response that they are abnormal at this time when inform that they suffer in breast cancer. Because female know that they have no complete and perfect women.25.8% patient's response that are hopeless when their doctor diagnoses of their disease. Because breast cancer is not normal disease. This is very cure disease. Breast cancer disease change totally life of female.

Table.NO.12: What do women have barriers in the access to health care to breast cancer?

Option	Frequency	Percent
Shortage of money	42	35.0
non supportive	9	7.5
transport problem	51	42.5
undeveloped area	18	15
Total	120	100.0

In the above mentioned in table 35.3% females give response that women have barriers shortage of money in the access to health care to breast cancer.7.6% females give response that they have barriers in the access to health care non supportive of any person.42.5% females face transport problem.15% females give response that they live in undeveloped area. Because Pakistan is

undeveloped country especially area of southern Punjab mostly people have face many hurdles. Females patient face lot of hurdles about access to the health care of breast cancer. Patients cannot afford easily treatment expenditures. Some patients have no completely support of their family. Which females live far away to the hospital that they have no convince going to city. Maximum patients belong to rural area. Female cannot go outside of the home without the permission of their family member.

In the above mentioned in table that it seen the most of the female feel pain that when women perceived by women undergoing chemotherapy. Cancer disease is totally curable disease. But chemotherapy is very painful procedure. During chemo therapy patient is very ugly because flow nose and fever and vomiting and eye dust. During chemotherapy patient are ugly because remove all hairs. Patients are weak. In chemotherapy patient are need more care. Chemotherapy is very painful and tough procedure. All patients cannot bear chemotherapy doze. 72.5% females patient are response that when took the doze of chemotherapy which time feel very pain. Chemotherapy is very painful treatment of cancer.

Option	Frequency	Percent
It would be painful	87	72.5
NO way	5	4.2
Its normal	25	20.8
It's horrible	3	2.5
Total	120	100.0

But 4.2% females are response that no issue during chemotherapy. Chemotherapy is also treatment like other treatment. 20.8% females are response that chemotherapy treatment during patient perceive their body normally in which female patients include aged females. The 2.5% patients are response that women perceive their body undergoing chemotherapy is very horrible. Some female patients are cannot bear chemotherapy So that chemotherapy is very horrible procedure.

Table No.13: What do women perceived by women undergoing chemotherapy?

Table No.13: What do women perceived by women undergoing chemotherapy?

Table No.14: What do have reason cultural of barriers of breast cancer?

Option	Frequency	Percent
Dealing with doctor	30	25.0
going to cities for treatment	69	57.5
None	18	15.0
not allow for other city	3	2.5
Total	120	100.0

Pakistan is male dominance society. So in this society female have no proper status. In southern Punjab female ca not go outside of the home without the permission of the men. In southern Punjab ruler area female have no awareness about cancer disease. Especially breast cancer disease. Females have no more information about breast cancer. Mostly illiterate patient this disease is called sin. In this disease patient have face lot of problems. Cancer treatment very expensive. Poor patient cannot afford cancer treatment. They have must take help of other people and donor. In southern Punjab cancer hospital are rare. So in this situation patient reach of many distance for treatment. 25.0% patent give answer that they have barrier dealing with doctor. Which patient feel shy of doctor and show the body part of the doctor. 57.7 patient are response that they have hurdles going to other city for treatment. That which patients live in other area that which areas far distance of the hospital. But 15.0 patients are response they have no barriers of breast cancer. In southern Punjab female have culture barriers. 2.5% patients are response that their family do not give permission outside of city and outside of the other city. Infect people have no awareness about disease that this disease which can horrible at this level.

Table.No.15: Do you feel embarrassed showing the body to doctor?

Option	Frequency	Percent
Yes	80	66.7
No	13	10.8
some time	17	14.2
Mostly	10	8.3

In the above mentioned in table it seen that 66.7% patients re response that they feel embarrassed showing their body of doctor.10.8% female patients are response they are not feel embarrassed showing their body to doctor.14.2% Patients are response feel embarrassed some time.8.3% patients give response that they are fell embarrassed show the body to doctor mostly. Because female is fragile and weak. Female patient does not want their show body to doctor so with due reason many females die during this disease. In southern Punjab culture female have not permission outside of the home without the permission of the men. Especially unmarried female family cannot afford their daughter show their body part to any even doctor. Now some educated people have awareness about the disease and treatment of disease.

Table.No.16: What was the response of your family members when they came to know about the intensity of the treatment i.e. breast removal??

Option	Frequency	Percent
Response of your parental family	41	34.2
Response of your in Law	1	.8
Response of your husband	47	39.2
Response of your children	31	25.8
Total	120	100.0

In the above mentioned in table,34.2% female are response that they were response of their family members when they came to know about intensity of the treatment .Maximum people worried at this time when that they listen that their family member suffer cancer at this time they were worried.34.2 female response that their family support in this disease..8 female response that their family member response at this time when they know suffer very cure disease especially breast cancer.39.2 females patients are response that their husband know about disease so that they have different response.25.8 females response that their children know about mother disease. So that time children are worry. They were the response off their family member when they came to know about the intensity of the treatment of breast cancer.34.2% Female response that their parent treat good way. If any patient has no parents so that they have sister and brother. Some patients are response their sisters and brother treat good with them. Females patients are response their sibling supportive them. But only few female's responses their Parental law response some but maximum response that their family member response very bad and not supportive. In this way some female is response that their husband supportive in some matter. But mostly females were response their husband avoid them.

Table NO.17 Feeling less feminine

Option	Frequency	Percent
Normal	5	4.2
Awful	14	11.7
Very serious	24	20.0
Terrible serious	77	64.2
Total	120	100.0

4.2% females feel normal during breast cancer treatment. In which female are mostly aged in breast remove patient. But 11.7% females feel less feminine that they feel ugly and helpless in which virgin and aged female.20.0% females were feel very serious less feminine in which include young and married female.64.2 females are response that they were feel very terrible serious of less feminine. In fact, when any female breast after this she understand that they are un complete and not beautiful. These females feel also helpless. Especially virgin and depended lady married and new born baby mother because after this disease they are face many problems and hurdles.

Table No.18: Feeling embarrassed about your body

Option	Frequency	Percent
Normal	10	8.3
Awful	8	6.7
Very serious	25	20.8
Terrible serious	77	64.2
Total	120	100.0

Females are fragile weak and submissive. Female cannot bear this disease easily. But when any female suffers breast cancer. After this disease they face many hurdles and difficulties. Because females have attraction and beauty but when female suffered cancer disease. Especially breast cancer disease so after this disease female have not complete women and not beautiful women because in many cases female removes their breast. 8.3% female are response when they know that suffer breast cancer at this time feel shy. They cannot tell about this disease easily. When at time of doctor showing body this time is very difficult. Because female feel shy show the body of doctor. But when female remove breast after this female feel embarrassed about their body. Female avoid go to public place. 6.7% female feel awful shy about their body. Female feel embarrassed about their body in which include virgin and young lady and employer lady. 20.8 female response are feel very shy about their body in which include which female that survive in society which female feel shy most than other females. 64.2% female feel shy very serious which female are married and virgin and young female.

Table NO.19: Worried about your sexual attractiveness

Option	Frequency	Percent
Normal	21	17.5
Awful	11	9.2
Very serious	20	16.7
Terrible serious	68	56.7
Total	120	100.0

Which female worried about their sexual attractiveness that which female are married. 17.5% female are response that they are worried about their sexual attractiveness because this female can face easily this situation in matter of married life. Because they have fear that their husband avoids of them with due the reason of breast remove. 9.2% female patient are response that their husband a void them with due to the breast cancer. 16.7% female are response very strong that they were worried about sexual attractiveness 56.7% female response that they are worried about their sexual attractiveness because now they are not complete women. They are not beautiful lady.

Table NO.20: Do you think you look different from other after the surgery?

Option	Frequency	Percent
Yes	115	95.8
No	5	4.2
Total	120	100.0

In the above mentioned in the table it seen that most of the female that they look different from other after the surgery. 95.8 female feel that they are different from other after the surgery. 4.2% females are response that they are look different from other after the surgery. Total 120 patients in which 95.8% female are response that they are totally different before than now they are not complete and not beautiful and not perfect female. Obviously before the surgery female are complete lady but after the surgery they are less feminine.

Table N0.21: Do you think other people can tell from your appearance that your breast has been removed?

	Frequency	Percent
Yes	36	30.0
No	84	70.0
Total	120	100.0

In the above mentioned in table, it seen that 30.0% patients are response that they can tell from your appearance that your breast remove easily.70.0% female are response that they cannot tell about their disease and remove breast and physical appearance. In fact, maximum female has lack of confidence so that they cannot face any person completely and survive in society. In which include illiterate and unmarried and young lady and job holder lady.

Table N0.22: Are you worried that other people may notice that you have breast cancer?

Option	Frequency	Percent
Yes	105	87.5
No	15	12.5
Total	120	100.0

In the above mentioned mostly female are response that they are worried about their disease when notice other people that they have breast cancer.87.5% female that they are worried that other people may notice that you have breast cancer. Females have less of confidence obviously when any person notice female at this time male notice their disease at this them that they are worried about their disease and themselves. But 12.5% female are response that they are not worried about their disease when people notice of them. Because they are not any specific affect I which include aged widowed females.

Table N0.23: What do you feel yourself unattractive after the operation?

Option	Frequency	Percent
Yes	106	88.3
No	14	11.7
Total	120	100.0

In the above mentioned that females feel unattractive after the operation themselves.88.3% female are response that they feel of themselves unattractive and not beautiful and not complete females. But 11.7% females are response that they are not feeling unattractive e after the operation because Which females are aged widowed and old women. Infect females are response that they are not satisfied of their appearance. But maximum females are response that feels unattractive after the operation that female was complete female before surgery. After the surgery that they feel less feminine.

Table N0.24: Difficulty concentrating?

Option	Frequency	Percent
Normal	19	15.8
Some extent	24	20.0
High Degree	19	15.8
Highest degree	58	48.3
Total	120	100.0

In the above mentioned in table that when female remove breast. After this procedure female feel un complete and not beautiful. Female are response after remove breast that they are worried and anxious. Because they cannot survive in society. They cannot face people.15.8% female patients are response that they are difficulty concentrating normal in which aged and widowed females and employer female's patients. But 20.0% are response that they have difficulty concentrating some extent.15.8% female's patient are response they feel high degree difficult concentrating.48.3% patients are response that females have difficulty of concentrating

highest degree. Infected young and married mothers feel difficulty concentrating at a high level. Unmarried females feel difficulty concentrating because they cannot survive in society easily.

Table NO.25: Feeling nervous

Option	Frequency	Percent
Normal	6	5.0
Some extent	15	12.5
High Degree	22	18.3
Highest degree	77	64.2
Total	120	100.0

In the above mentioned table 5.0% females give response that they have feeling nervous normal. 12.5% females feel nervous some extent. 18.3% response give that they are nervous high degree. 64.2% females have feeling nervous highest degree. After the surgery females are weak and depressive. Mostly females cannot survive easily. Because after surgery females are not complete women. Breast cancer is a very dangerous disease in which disease females are nervous. Young females feel nervous at a high level than old females.

In the above mentioned table, this table shows that women are stressed. Female patients are worried about their disease and remove breast. 11.7% female patients are response that they are going to sleep easily same in this way which before surgery. But 33.3% females are response that they are going to sleep difficult but some extent.

Table NO.26: Difficulty sleeping

Option	Frequency	Percent
Normal	20	11.7
Some extent	40	33.3
Total	60	100.0

Table No.27: Worrying about family

Option	Frequency	Percent
Normal	9	7.5
Some extent	11	9.2
High Degree	19	15.8
Highest degree	81	67.5
Total	120	100.0

In the above mentioned table, which female suffer in breast cancer that their family member is worried. Because this disease is a curable disease. When any female suffers cancer disease so that time they have no guarantee of their life. They are also hopeless of future life. Their family has face many hurdles of this time. 7.5% female's patient are response that their family are worry about their disease because their life is helpless. In which include aged female and which female have no parents. 9.2% female's response that their family is worried some extent worrying about their family in which includes married females. Married female patients are worried that they are worry about their children and their husband. 15.8% females are response that they are worried about their family high level. Because these female's patient have little children. 67.8% females are response that they are highest level worried about their family because they are employer and they have little children. And they fear their husband did not leave them.

Table No.28: Feeling irritable

Option	Frequency	Percent
Normal	47	39.2
Some extent	25	20.8
High Degree	15	12.5
Highest degree	33	27.5
Total	120	100.0

In the above mentioned in table it seen that most 39.2% female's patient are response that they feel feeling irritable normal.20.8% patients are response that they feel feeling irritable some extent.12.5% patients are response that feeling irritable high level.27.5% patients are response that they feel feeling irritable highest level. All female patients are response different each other. When females suffered of breast cancer at this time female are nervous and worried. But when female remove breast at time female patients are feel irritable. Because female cannot bear pain of this disease and survive in society. Unmarried patients are feel irritable than other because they cannot survive in society easily. They are hopeless of future life.

Table NO.29: Don't like yourself

Option	Frequency	Percent
Normal	66	55.0
Some extent	26	21.7
High Degree	8	6.7
Highest degree	20	16.7
Total	120	100.0

In the above mentioned pie chart it seen that most of the females' patient were dislike themselves. Because breast cancer disease is very un-bear able disease. If doctor informed the patient that suffered in breast cancer that females can died with due fear of disease. In the cancer disease cancer patient were spend many time of this disease. Cancer is very dangerous disease. During the treatment patient faces many hurdles and passed very pain full time period. In this disease females are not beautiful but ugly.55.0% female were dislike themselves but normal.21.7% female were hate of themselves some extent.6.7% females were dislike themselves very highly level.16.7% female's patient were respondent that dislike themselves of extreme level. Especially virgin female dislike themselves because they cannot survive in society easily.

Table NO.30: Worrying about husband

Option	Frequency	Percent
Normal	21	17.5
Some extent	9	7.5
High Degree	13	10.8
Highest degree	77	64.2
Total	120	100.0

In the above mentioned pie chart it seen that most of the females which responded their husband worried about their wives. In fact, husband is some worried about their disease than men. Especially in southern Punjab but mostly husband worried about of their wives. Especially educated husband supports their wives and conducted their wives. In southern Punjab people have no more awareness of breast cancer disease.17.5% females was feared normal about their husband that their husband left them in some cases. 7.5% female worried about their husband that their husband gives divorced and get second marriage.10.8% female were more worried and fear about their survival with their husband.in the southern Punjab 64.2% females were worried about their husband that their men do not give attention of them.

Table N0.31: Worrying about family

Option	Frequency	Percent
Normal	9	7.5
Some extent	11	9.2
High Degree	19	15.8
Highest degree	81	67.5
Total	120	100.0

In the above mentioned Pie chart it seen that most female were respondent that their family were worried about disease. Some females have no parents but have brother and sister. Which female are virgin that their response is totally different than other female patients. Because un married female patient was not survived easy. Some extent female patients were responded that their family was worry about their breast cancer. Some females' patient affords treatment of their parents than their husband. Infect in disease family were worried.7.5% female's patients were responded that their family were worried normally about their disease .15.8% females were responded that their family worried some extent about their breast cancer disease.67.5% patients were respondent that their family worried about their disease high level.67.5% were respondent that their family worried about their disease extreme level.

Table N0.32: Feeling irritable

Option	Frequency	Percent
Normal	47	39.2
Some extent	25	20.8
High Degree	15	12.5
Highest degree	33	27.5
Total	120	100.0

In the above mentioned table it seen that most of the females were responded that there are irritate of their selves. Because cancer patients are spent in very pain full time period. Because which females were suffered in breast cancer which females have less feminine. Especially during the chemotherapy patients feel pain. Infect when which female informed about their disease. So female was fear about their disease. Females patients were hope less of their life. Because females were biologically fragile and weak so that female cannot bear pain more. So that female was tired in very soon than men. Mostly female's patient was feel irritation about their life. In the Pie chart are mentioned the percentage of irritation of female's patients.39.2 % females were responded that they were irritate themselves normal.20.8%female's patient were respondent some extent irretiate.12.5%Patients were responded that they were irritate higher degree.27.5% Patients were responded and they were irritating of their disease and their life especially poor and virgin females.

Table N0.33: Don't like yourself

Option	Frequency	Percent
Normal	66	55.0
Some extent	26	21.7
High Degree	8	6.7
Highest degree	20	16.7
Total	120	100.0

In the above mentioned table it seen that mostly female patient was surviving some extent easily. But the female breast cancer patients about their survival and fear about their life. In this sample multidimensional females like a married, unmarried, young, old, employer and dependent.50.0% females were dislike of themselves.21.7% females were responded and some extent dislike themselves.6.7% females were responded and some extent dislike.16.7% female dislike highest degree. Higher degree and highest degree females were hate of their life and broke their hope and do not survive their society so that this type of female were dislike themselves. In which female unmarried, divorced and old female.

Table NO.34: Problem with sexual interest or activity

Option	Frequency	Percent
Normal	29	24.2
Some extent	12	10.0
High Degree	16	13.3
Highest degree	63	52.5
Total	120	100.0

In the above mention table, it seen that mostly female depressed of their husband. Male were belonging in patriarchal society and do not care of females. When female suffer in any disease so their husbands do not give attention. But when breast cancer female suffered in breast cancer disease so that their males do not give attention. Especially breast remove female was felt shy and insecure and confused. When collected the data so that show female issue especially surgery patient. Mostly responded that their husband does not support in this disease.24.2% female has responded that their husband has no care about their disease.10.0% female has respond that their impact of their husband some extent about their disease.13.3% patient responded that their sexual life was disturb and sexual activity.52.5% people said that their overall life was disturbed and their husband give no attention to their wife. Infect after the surgery female life were disturbed and male do not fulfill their requirements sexual activities. Their husband does not take interest in them suffer wives.

Table NO.35: Are you hopeful about your future life?

Option	Frequency	Percent
Yes	106	88.3
No	14	11.7
Total	120	100.0

In the above mentioned in table it seen that most of the female which responded patient that their future life. Patient suffered any disease that they were feared of future life. In breast cancer patient female were fragile and weak and submissive and fear of their life because cancer disease is very cure disease so in this disease patient have no guarantee of their life because mostly female suffered in breast cancer were died. Breast cancer has three stages. In first stage patient has suffer some Extent sick and female patient have no more awareness about their cancer disease. In second stage patient become helpless. In third stage mostly patient has died because patient has no awareness. In data collection sample were 120 questionnaire.88.3% patients has hopeful of their life even they were remove their breast and took radiation therapy.11.7% patient were hopeless of their life and in which included virgin female, divorce female and poor female. Which female depended on men. In southern Punjab female has no dominant status but female is subordinate in all sector and in society.

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